Alfredo Carbonara Sauce

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\frac{1}{4} lbs. butter (= 4 coffee measures = \frac{1}{2} cup)
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- 1 pint cream
- 1 package (10 or 12 oz.) frozen peas
- 25-ounce packages pancetta <u>- or -</u> 1 lb. ground beef
- $1\frac{1}{2}$ cups freshly grated Parmesan cheese
- 1 clove garlic, crushed (approximately 1 teaspoon minced garlic)
- $\frac{1}{4}$ cup chopped fresh parsley

Brown the meat (pancetta or ground beef) in a medium sized skillet with the garlic.

Melt the butter in a medium saucepan over low heat. When the butter is completely melted, stir in the cream and simmer for 5 minutes.

Add the browned meat and garlic to the saucepan and continue simmering for another 2-3 minutes.

Add the cheese and stir or whisk until it's melted into the sauce.

Stir in the parsley.

Serve and enjoy!

Source: David Allen